

CATERING SPECIAL

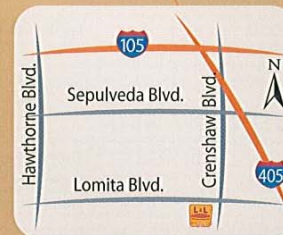
	Qtr Pan (Serves 10-12)	Half Pan (Serves 20-25)	Full Pan (Serves 45-50)
Chicken			
BBQ Chicken	19.95	39.95	72.95
Chicken Katsu	19.95	39.95	72.95
Sesame Wings	19.95	39.95	72.95
Beef			
BBQ Beef	23.95	47.95	89.95
BBQ Short Ribs	29.95	59.95	108.95
Pork			
Hawaiian Lau Lau		66.95 (15 pcs.)	120.95 (30 pcs.)
Hawaiian Kalua Pork	24.50	48.95	88.95
Kalua Pork w/Cabbage	24.50	48.95	88.95
BBQ Pork	22.50	44.95	81.95
Seafood			
Fried Shrimp	28.50	56.95	102.95
Fried Mahi Mahi	24.95	49.95	92.95
Chop Suey			
Beef, Chicken or Pork	19.95	39.95	56.95
Shrimp Chop Suey	28.50	56.95	92.95
Salad			
Macaroni Salad	11.50	22.95	42.95
Green Salad	11.50	22.95	39.95
BBQ Chicken Salad	14.50	28.95	52.95
Katsu Chicken Salad	14.50	28.95	52.95
Musubi			
Chicken Musubi		29.95	56.95
Katsu Musubi		29.95	56.95
Spam Musubi		29.95	56.95
Mahi Mahi Musubi		29.95	56.95
Portuguese Sausage Musubi		29.95	56.95
Side Order			
Aloha Ramen	19.95	39.95	69.95
Shrimp Ramen	28.50	56.95	92.95
BBQ Beef Ramen	19.95	39.95	69.95
Veggie Ramen	19.95	39.95	69.95
Steamed Rice	8.50	16.95	29.95

SPECIAL MENU

	Mini	Reg.
Hawaiian BBQ Pork	4.75	6.75
Sesame Chicken Wings	4.75	6.75
Volcano Chicken	4.75	6.75
Pineapple Chicken	4.75	6.75
Salt & Pepper Mahi	4.95	6.95
Sweet & Sour Mahi	4.95	6.95
Portuguese Sausage Eggs on Rice	4.75	6.75
Chicken Chop Suey		6.75
Beef Chop Suey		6.75
Veggie Chop Suey		6.75
Shrimp Chop Suey		7.50
Aloha Ramen (Fried Noodle Style)		6.50
Spam Ramen (Fried Noodle Style)		6.50
BBQ Beef Ramen (Fried Noodle Style)		6.75
Veggie Ramen (Fried Noodle Style)		5.95
Shrimp Ramen (Fried Noodle Style)		7.50
Manapua (2 pcs.)		3.50

Torrance

(Crossroad Center)
24223 Crenshaw Blvd., #G
Torrance, CA 90505
Tel: (310) 326-0810



For Store Locations and Franchise Information
1-866-951-9888
www.hawaiianbarbecue.com

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THE ORIGINAL
HAWAIIAN BARBECUE®
WE DO CATERING



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Torrance, CA 90505
Tel: (310) 326-0810
Fax: (310) 326-0813

Open Daily

Mon. - Sat.
10:00 am - 9:30 pm
Sun.
10:00 am - 9:00 pm

www.hawaiianbarbecue.com



COMBINATION PLATE LUNCH

- 1. BBQ MIX** 7.50 (630 cal)
BBQ Chicken, BBQ Beef and BBQ Short Ribs
- 2. SEAFOOD COMBO** 8.50 (614 - 1094 cal)
Mahi Mahi, Fried Shrimp and Choice of BBQ Beef, BBQ Chicken, BBQ Short Ribs or Chicken Katsu
- 3. SEAFOOD PLATTER** 8.50 (622 cal)
Fried Shrimp and Mahi Mahi
- 4. HAWAIIAN PLATE** 7.95 (720 cal)
Kalua Pork and Lau Lau Combo
- 5. CHICKEN KATSU MIX** 7.50 (970 cal)
Chicken Katsu with BBQ Beef and BBQ Short Ribs
- 6. THREE'S COMPANY** 7.50 (1080 cal)
Hamburger Pattie, Kalua Pork and Chicken Katsu

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|-----------------------------------|--------------------|--------------------|
| 7. HALF & HALF | Mini 5.75 (Varies) | Reg. 7.95 (Varies) |
| 8. SEAFOOD HALF & HALF | 5.95 (Varies) | 8.50 (Varies) |

INTRODUCING HEALTHIER PLATES

HEALTHIER PLATES

Served w/ 1 scoop of brown rice & fresh, tossed greens.

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| BBQ Chicken (363 cal) | 5.25 |
| Garlic Shrimp (423 cal) | 5.95 |
| Atkins Super Mix Plate (Meat only) (810 cal) | 7.50 |
| Atkins Mini Plate (Meat only) (380 cal) | 5.50 |

BEST PLATE LUNCH IN HAWAII

Mini: 1 scoop of white rice (150 cal) or brown rice (160 cal; \$0.35); and choice of macaroni salad (350 cal) or tossed green salad (23 cal; \$0.50)
Regular: 2 scoops of white rice (300 cal) or brown rice (320 cal; \$0.70); choice of macaroni salad (350 cal) or tossed green salad (23 cal; \$0.50)

CHICKEN PLATES

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| 9. BBQ Chicken | Mini 4.75 (360 cal) | Reg. 6.75 (540 cal) |
| Grilled boneless chicken marinated in our special BBQ sauce. | | |
| 10. Chicken Katsu | 4.75 (700 cal) | 6.75 (1050 cal) |
| Crispy breaded chicken filet served w/ our famous katsu dipping sauce. | | |
| 11. Chicken Cutlet w/Gravy | 4.75 (730 cal) | 6.75 (1095 cal) |
| Golden crispy breaded chicken topped with a special L & L brown gravy. | | |
| 12. Chicken Katsu Curry | 4.75 (785 cal) | 6.75 (1163 cal) |
| Chicken Katsu topped w/ rich L&L curry sauce. | | |

SEAFOOD PLATES

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| 13. Fried Shrimp | Mini 4.95 (332 cal) | Reg. 6.95 (580 cal) |
| Plentiful of deep-fried shrimp cooked to perfection. In Hawaii, we call it real "ono". | | |
| 14. Grilled or Fried Mahi Mahi | 4.95 (267-290 cal) | 6.95 (401- 435 cal) |
| Fish filet fried to golden brown for fish lovers, comes with tartar sauce. | | |
| 15. Shrimp Curry | 4.95 (199 cal) | 6.95 (229 cal) |
| | | |
| 16. Garlic Shrimp | 4.95 (52 cal) | 6.95 (104 cal) |
| Prawns sauteed with rich garlic, green onions and butter with pepper. | | |

BEEF PLATES

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| 17. Hamburger Steak w/Gravy | Mini 4.75 (530 cal) | Reg. 6.75 (795 cal) |
| Homemade hamburger served with gravy...Hawaiian Style!! You will never find a better hamburger anywhere. | | |
| 18. BBQ Beef | 4.95 (220 cal) | 6.95 (330 cal) |
| Thinly sliced barbecue beef, marinated w/our special L&L Hawaiian Barbecue teriyaki sauce. | | |
| 19. BBQ Short Ribs | 5.75 (320 cal) | 7.95 (480 cal) |
| Juicy beef short ribs marinated in our house BBQ sauce and grilled to perfection. | | |
| 20. Loco Moco | 4.75 (370 cal) | 6.75 (725 cal) |
| Savory homemade hamburger patties over rice covered with brown gravy and topped with eggs. Served choice of salad. | | |

PORK PLATES

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| 21. Kalua Pork | Mini 4.75 (480 cal) | Reg. 6.75 (560 cal) |
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| 22. Kalua Pork w/ Cabbage | 4.75 (480 cal) | 6.75 (560 cal) |
| Smoked-flavored, succulent shredded pork slowly roasted to a flavorful finish and mixed with cabbage. | | |
| 23. Spam & Eggs | 4.75 (330 cal) | 6.75 (660 cal) |
| | | |
| 24. Pork Lau Lau | 6.75 (480 cal) | |
| An old Hawaiian tradition. Hefty pork chunk wrapped with taro leaf steamed to perfection. | | |



MUSUBI

A block of rice w/ your choice of meat wrapped in flavored dried seaweed

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| 25. Spam Musubi | 2 pcs 2.50 (566 cal) | 4 pcs 4.50 (1132 cal) |
| 26. Katsu Musubi | 2.50 (676 cal) | 4.50 (1352 cal) |
| 27. BBQ Chicken Musubi | 2.50 (506 cal) | 4.50 (1012 cal) |
| 28. Mahi Mahi Musubi | 2.50 (616 cal) | 4.50 (1232 cal) |
| 29. Portuguese Sausage Musubi | 2.50 (506 cal) | 4.50 (1012 cal) |

HAWAIIAN BOWLS

Served over white rice w/ fresh steamed vegetables

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| 30. BBQ Chicken Bowl (430 cal) | 4.75 |
| 31. Kalua Pork Bowl (432 cal) (with or without Cabbage) | 4.65 |
| 32. BBQ Beef Bowl (360 cal) | 4.95 |

SAIMIN

Fresh ramen noodles w/ our specially prepared broth.

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| 33. L&L Spam Saimin (503 cal) | 3.95 |
| 34. BBQ Chicken Saimin (563 cal) | 4.25 |
| 35. Chicken Katsu Saimin (733 cal) | 4.25 |
| 36. BBQ Beef Saimin (493 cal) | 4.25 |
| 37. Fried Shrimp Saimin (632 cal) | 4.50 |

SIDE ORDERS

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|---|------|
| 38. Macaroni Salad (1 scoop) (450 cal) | 0.85 |
| 39. Steamed White Rice (1 scoop) (150 cal) | 0.75 |
| 40. Brown Rice (1 scoop) (160 cal) | 0.85 |
| 41. French Fries (450 cal) | 1.95 |
| 42. Gravy Fries (480 cal) | 1.95 |

BURGERS

With French Fries add \$1.00 (450 cal)

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|------------------------------------|----------------|----------------|
| | Single | Double |
| 43. Hamburger | 2.50 (433 cal) | 3.50 (683 cal) |
| 44. Cheeseburger | 2.50 (503 cal) | 3.50 (823 cal) |
| 45. BBQ Chicken Sandwich | 2.50 (358 cal) | 3.50 (538 cal) |
| 46. Mahi Mahi Sandwich | 2.75 (356 cal) | 3.75 (501 cal) |
| 47. Kalua Pork Burger | 2.75 (415 cal) | |
| 48. Spam & Egg Sandwich | 3.50 (500 cal) | |

KID'S MEAL With French Fries (225 cal) & Drink (varies)

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|------------------------------------|------|
| 49. Hamburger (425 cal) | 3.69 |
| 50. Cheeseburger (495 cal) | 3.69 |
| 51. Chicken Katsu (350 cal) | 3.69 |
| 52. BBQ Chicken (180 cal) | 3.69 |

Nutritional information may vary; except for Healthier Plates, calorie counts for plates include protein only but not dipping sauce, dressing, starch and salad items subject to customer choice.

Recommended limits for a 2,000 calorie diet are 20 grams of saturated fat and 2,300 milligrams of sodium.