

WHAT IS A PLATE LUNCH

A "Plate Lunch" is a classic Hawaiian meal composed of Asian and Islander dishes (Kalbi Short Ribs, Mahi-Mahi, B.B.Q. Chicken, Chicken Katsu, etc.), supplemented with American and Asian side dishes (macaroni salad, and steamed rice). It is the de facto meal of choice in Hawaii and the best representation of the blend of cuisine and multi-cultures found in Hawaii. L & L Hawaiian B.B.Q. is committed to serve large and delicious plate lunches with the best Hawaiian B.B.Q. dishes for a very low price.

CATERING

Chicken

	Half Pan (20 Servings)	Full Pan (40 Servings)
Chicken Katsu	43.99	76.99
Lemon Chicken	43.99	76.99
Barbecue Chicken	43.99	76.99
Spicy Teriyaki Chicken	46.99	79.99
Orange Chicken	46.99	79.99

Beef

Barbecue Beef	47.99	89.99
Barbecue Short Ribs	47.99	89.99
Hamburger Steak	42.99	80.99
Beef Stew*	45.99	80.99
Beef Curry*	45.99	80.95

Pork

Sweet and Sour Spare Ribs*	42.99	78.99
Kalua Pork*	47.99	88.99

Seafood

Garlic Shrimp	44.99	85.99
Fried Shrimp	44.99	85.99
Shrimp Curry	44.99	85.99
Mahi Mahi (Breaded)	49.99	89.99
Teriyaki Mahi	49.99	89.99

Side Order

Garden Salad	25.99	45.99
Macaroni Salad	29.99	49.99
Stir-Fried Vegetables*	35.99	69.99
Steamed White Rice	21.99	35.99
Spam Fried Rice*	29.99	49.99
Stir-Fried Noodles*	24.99	45.99

*Certain items may require advance notice

We require a 50% deposit for a purchase of \$50 or more

With purchase of \$100 or MORE we will DELIVER upon request for a 5% FEE.

AWARD WINNING



BEST PLATE LUNCH



BEST OF HONOLULU



BEST CHEAP EATS

Long Beach

141 E. Willow St. Unit T
Long Beach, CA 90806
Tel: (562) 427-5109
Fax: (562) 427-5047



OTHER LOCATIONS:

Santa Ana

1945 E. 17th St. #105
Santa Ana, CA 92705
Tel: (714) 542-7958
Fax: (714) 542-3958



For Store Locations and Franchise Information

1-866-951-9888

www.hawaiianbarbecue.com



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Take Out • Dine In • Catering

Open Daily

Mon - Fri: 10:00 am - 10:00 pm
Sat & Sun: 11:00 am - 10:00 pm

AWARD WINNING

"Best Plate Lunch"

"Hawaii's #1 Barbecue"

"Best Chicken Katsu"

"Best Local Food"





COMBINATION PLATE LUNCH

1. STEW MIX PLATE 7.15
2. CURRY MIX PLATE 7.15
Hamburger patty, teri steak & beef curry all over rice
3. BBQ MIX PLATE 7.95
A blend of our three famous BBQ mixes: beef, short ribs, and chicken
4. SEAFOOD COMBO 8.49
Mahi mahi and fried shrimp with a choice of:
A. BBQ Beef B. BBQ Chicken
C. BBQ Short Ribs D. Kalua Pork E. Chicken Katsu
5. SEAFOOD PLATTER 8.49
A seafood lover's favorite: A combination of fried shrimp, fried mahi and fried scallop



INTRODUCING ATKIN STYLE

- 6A. ATKIN'S SUPER PLATE \$7.95
Teriyaki short ribs, Hawaiian BBQ beef, Hawaiian BBQ chicken and 2 eggs.
- 6B. ATKIN'S MINI PLATE \$5.25
Hawaiian BBQ chicken, Hawaiian BBQ beef and 1 egg.



BEST PLATE LUNCH IN HAWAII

Mini Plate: Served w/1 Scoop Rice & 1 Scoop Macaroni Salad
Regular Plate: Served w/2 Scoops Rice & 1 Scoop Macaroni Salad

SEAFOOD

- | | Mini | Reg. |
|--|------|------|
| 7. Fried Scallop | 4.85 | 6.95 |
| 8. Fried Mahi Mahi | 4.85 | 6.95 |
| <i>Fish filet fried to golden brown for fish lovers, comes with tartar sauce.</i> | | |
| 9. Fried Shrimp | 4.85 | 6.95 |
| <i>Plentiful of deep-fried shrimp cooked to perfection. In Hawaii, we call it real "ono"</i> | | |
| 10. Shrimp Curry | 4.85 | 6.95 |
| <i>A mixed bag of exotic spices cooked with potato, carrots and onion. Try it with chicken katsu. Not too spicy, but tastes "ono" (delicious).</i> | | |
| 11. Stir Fried Garlic Shrimp | 4.85 | 6.95 |

CHICKEN

- | | Mini | Reg. |
|--|------|------|
| 17. BBQ Chicken Breast | 4.85 | 6.95 |
| 18. Chicken Katsu Breast | 4.85 | 6.95 |
| 19. Chicken Katsu | 4.85 | 6.95 |
| <i>Everyone's favorite. Crispy breaded chicken filet served with our famous katsu dipping sauce</i> | | |
| 20. Chicken Cutlet | 4.85 | 6.95 |
| <i>Golden crispy breaded chicken topped with a special L & L brown gravy</i> | | |
| 21. Hawaiian BBQ Chicken | 4.85 | 6.95 |
| <i>Hawaii's hottest seller. Grilled boneless chicken marinated in our special L & L Hawaiian barbecue sauce.</i> | | |
| 22. Curry Chicken Katsu | 4.85 | 6.95 |
| <i>Chicken katsu in a rich L & L curry flavor sauce</i> | | |
| 23. Lemon Chicken | 4.85 | 6.95 |
| 24. Spicy Teriyaki Chicken | 4.85 | 6.95 |

BEEF

- | | Mini | Reg. |
|--|------|------|
| 12. Hawaiian BBQ Beef | 5.25 | 7.35 |
| 13. Beef Curry | 4.79 | 6.55 |
| <i>A mixed bag of exotic spices cooked with potato, carrots and onion. Try it with Chicken Katsu. Not too spicy, but tastes "ono" (delicious).</i> | | |
| 14. Loco Moco | 4.79 | 6.55 |
| <i>Savory homemade hamburger patties over rice covered with brown gravy and topped with eggs. Served island style... a local favorite.</i> | | |
| 15. Hamburger Steak | 4.79 | 6.55 |
| <i>Homemade hamburger served with gravy... Hawaiian style!! You will never find a better hamburger anywhere.</i> | | |
| 16. Hawaiian BBQ Short Ribs | 5.25 | 7.35 |
| <i>Juicy beef short ribs marinated in our house BBQ sauce and grilled to perfection</i> | | |

PORK

- | | Mini | Reg. |
|---|------|------|
| 25. Kalua & Lau Lau Combo | 8.59 | |
| <i>An Old Hawaiian tradition. Hefty pork chuck wrapped with taro leaf steamed to perfection paired with smoked flavor succulent pork slowly roasted to a flavorful finish</i> | | |
| 26. Hawaiian Lau Lau | | 7.15 |
| 27. Kalua Pork | 4.95 | 6.95 |
| 28. Grilled Pork Chop w/Gravy | 4.49 | 6.45 |
| 29. BBQ Pork Chop | 4.49 | 6.45 |
| 30. Breaded Pork Chop | 4.49 | 6.45 |



25

12

16

9

6A



BURGERS

- | | Single | Double |
|--|--------|--------|
| 31. Hamburger | 2.19 | 3.19 |
| 32. BBQ Hamburger | 2.19 | 3.19 |
| 33. Cheeseburger | 2.19 | 3.19 |
| 34. BBQ Cheeseburger | 2.19 | 3.19 |
| 35. Hamburger Combo w/Fries and med. Soda | 4.59 | 5.69 |
| 36. BBQ Hamburger Combo w/Fries and med. Soda | 4.59 | 5.69 |
| 37. Cheeseburger Combo w/Fries and med. Soda | 4.69 | 5.79 |
| 38. BBQ Cheeseburger Combo w/Fries and med. Soda | 4.69 | 5.79 |



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SANDWICHES

- | | |
|--------------------------------------|------|
| 39. Spam & Egg w/Fries | 3.89 |
| 40. Portuguese Sausage & Egg w/Fries | 3.99 |
| 41. BBQ Beef w/Fries | 4.19 |
| 42. BBQ Chicken w/Fries | 3.99 |
| 43. Mahi Mahi w/Fries | 4.19 |
| 44. Fried Shrimp w/Fries | 4.19 |



45

SAIMIN

The best saimin noodles from Hawaii and served with our specially prepared soup. Try it and you will love it.

- | | Bowl |
|--------------------------|------|
| 45. Grilled Spam | 3.29 |
| 46. Hawaiian BBQ Chicken | 3.99 |
| 47. Chicken Katsu | 3.99 |
| 48. Hawaiian BBQ Beef | 4.19 |
| 49. Fried Shrimp | 4.19 |



53

MUSUBI

- | | |
|--------------------------|------|
| 50. Egg Musubi | 1.39 |
| 51. Spam Musubi | 1.49 |
| 52. Chicken Katsu | 1.69 |
| 53. Hawaiian BBQ Chicken | 1.69 |
| 54. Portuguese Sausage | 1.69 |



58

SIDE ORDERS

- | | |
|---------------------------------|------|
| 55. Macaroni Salad (1 scoop) | 0.99 |
| 56. Rice (1 scoop) | 0.80 |
| 57. French Fries or Gravy Fries | 1.89 |
| 58. Garden Salad | 2.45 |
| 59. Chicken or Ham Salad | 4.45 |

SPECIAL BOWL

- | | |
|------------------|------|
| 60. Chicken Bowl | 4.59 |
| 61. Beef Bowl | 4.79 |
| 62. Katsu Bowl | 4.59 |



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SOFT DRINK

Med. \$1.69 Lg. \$1.95